**Further information for patient to complete**

We would be very grateful if you could answer the following questions, providing examples of how you feel impaired, how you have managed/do manage where possible.

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| **Difficulties with attention, concentration and memory:****e.g. being easily distracted, struggling to concentrate, difficulties following conversations, forgetting appointments or plans, not following conversations, forgetting and losing day to day items.**  |
| **In childhood:**       | **In adulthood:**      |

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| **Impulsivity and restlessness** **e.g. experiencing high levels of impatience and frustration, risk taking behaviour, using substances, poor sleep, racing thoughts, struggling to relax or sit still and fidgeting a lot.**  |
| **In childhood:**      | **In adulthood:**       |

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| **Please comment on what the impact of these difficulties have been on your life? (home life, work, education, friendships/ relationships, risk, money management etc.)** |
|       |