

YEALM MEDICAL CENTRE

SUMMER NEWSLETTER 2010

BE SMART IN THE SUN

Spend time in the shade between 11 and 3

Make sure you never burn

Aim to cover up with a t-shirt, hat and sunglasses

Remember to take extra care with children

Then use factor 15+ sunscreen

Also

Report mole changes or unusual skin growths promptly to your GP



We are in the process of updating our records. We are asking patients to complete a form giving their phone number (land line and mobile) plus their email address. This includes signed consent to allow us to contact them via text or voice mail regarding appointments.

Please let us know if any of these numbers change in the future

WELCOME

Sarah Argent— new receptionist

GOOD LUCK

To the Yealm Medical Centre team who are competing in this year's Cancer Research UK—Race for Life— in June.

YEALM MEDICAL CENTRE WEBSITE

Don't forget you can order repeat prescriptions or update your records. You can also contact us with queries (non medical). There is information about our services and staff and a self help guide. Please log onto:

www.yealmmedical.co.uk

RESEARCH

Yealm Medical Centre is pleased to be actively involved in research organised by the Primary Care Research Network. This is part of the NHS National Institute for Health Research (NIHR) and the UK Clinical Research Network (UKCRN). As a practice we are involved in research to improve the knowledge about illnesses and so develop better treatments for all patients. All the research that the practice is involved with has been approved by the NHS.

This means that your doctor may ask you if you want to be involved in a study the practice is conducting.

The practice is not paid or employed by drug companies to take part in studies.

EXTENDED SURGERY

The Medical Centre has one late evening surgery each week. This is primarily to accommodate those patients who cannot usually attend during normal surgery times e.g. people who are at work all day. These will be pre-bookable appointments. Please note the dispensary will not be open during this surgery



DISABLED PARKING BAY

Please leave this parking area available for patients who have difficulty getting from the car park into the surgery, especially wheelchair users.

MISSED APPOINTMENTS

99 - IN APRIL

Please contact the surgery if you cannot make an appointment so we may offer it to someone else.